

# Our Vision Works

A Publication of the Keystone Network of Agencies





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# FROM THE CEO

If this newsletter looks different to you, it is. Over the past several years, Keystone Blind Association, Beaver County Association for the Blind, The Center for the Blind and Visually Impaired, and the Montgomery County Association for the Blind have been engaged in a joint experiment to improve services, reduce expenses and to work together whenever feasible. While each organization remains independent and distinct in our respective communities, we have formed a network that has proven to be beneficial to all parties. We share many costs including accounting, human resources, fundraising & development, service planning & coordination, professional staff, communications and more. This cost sharing approach is saving each agency thousands of dollars every year by eliminating the overhead incurred from operating alone.

Another positive outcome derived from the network approach is that we have all benefitted from learning best practices from each other. This has helped each of us to become better organizations.

So now we come to the issue of newsletters (pardon the pun). For years, we have all published our individual newsletters and sent them to our own constituencies. Consequently, many of the people who support us do not know that we have been working together to be more cost efficient and service proficient. By publishing a joint network newsletter, we accomplish two goals. One, we significantly reduce the cost of publishing individual newsletters and two, we inform our supporters of the value we are deriving from being part of a network of organizations with similar goals and objectives. The newsletter is distributed to nearly 14,000 supporters across Pennsylvania, surrounding states and interested persons across the country.

We hope you find our revised newsletter format to be informative and interesting. You are welcome to comment on the new format to any of our network partners. Your recommendations will be useful as we continue to grow and develop our service network. Enjoy!



Jonathan Fister  
President/CEO



## **President/CEO**

Jonathan Fister

## **Sr. Vice President of Operations & Facilities**

P.J. Yudt

## **Sr. Vice President of Services**

Ann Peterson

## **Sr. Vice President of Finance**

Laurie Staph

## **Sr. Vice President of Risk Management**

Tom Dill, Esq.

## **Vice President of Human Resources**

Melissa Means

## **BCAB Administrative Director**

Teresa Lukes

## **CBVI Administrative Director**

Monica Jones

## **MCAB Administrative Director**

Mary Jean Schoeffling





# THE KEYSTONE NETWORK

The Keystone network of agencies is comprised of many different companies. First, we are Keystone Blind Association (KBA), located in Hermitage PA, the original organization established in 1947 to provide services to blind and visually impaired persons in our community. We offer many services in Mercer, Crawford, Lawrence in PA and in Mahoning and Trumbull Counties in Ohio. Our services include Specialized Services (transportation with sighted guide, assistance with grocery shopping, life skills, support groups, etc.), Orientation and Mobility Instruction, Vision Rehabilitation Therapy, Assistive Technology, Prevention of Blindness screenings and programs, Keystone Kids/Young Adults programs, and employment opportunities in document destruction, toilet paper manufacture and employment at PennDOT rest areas. In addition to our Hermitage Headquarters, we operate offices in New Castle and Meadville, PA.

Second, we are Keystone Vocational Services (KVS), developed in 1998 to provide employment opportunities exclusively to people who are visually impaired. These opportunities include manufacturing products and providing services to the Federal government through the Ability One Program, where at least 75% of the direct labor force must be legally blind. Examples are the digging and striking

tool manufacturing programs and the hardhat (helmet) manufacturing program. KVS also provides shredding services to the local community and runs a federal mailroom for the Office of Personal Management.

Third, we are Keystone Independence Management (KIM), formed in 2000 to provide management and back-office services to Keystone Blind Association and to Keystone Vocational Services. KIM provides all accounting and payroll services, human resource functions, program development, fundraising, and administration for KBA and KVS. In 2006 KIM began providing management and back-office services to the Beaver County Association for the Blind (BCAB) in Beaver Falls. The Center for the Blind and Visually Impaired (CBVI) and the Center for the Blind and Disabled (CBD) in Delaware County near Philadelphia began to receive management and back-office services from KIM in 2009. Finally, in 2012, the Montgomery County Association for the Blind (MCAB), also near Philadelphia, began to participate in the KIM program.

Though on opposite ends of the state, KBA and its network of agencies work together to provide a variety of services and products to not only the individuals of Pennsylvania, but also to the federal government.





### Keystone Headquarters

3056 East State Street,  
Hermitage, PA 16148  
Phone: (724) 347-5501  
Fax: (724) 347-2204

### KBA - Crawford County Office

312 Chestnut Street  
Meadville, PA 16335  
Phone: (814) 333-3121  
Fax: (814) 333-3124

### KBA - Lawrence County Office

1429 New Butler Rd, Suite 2  
New Castle, PA 16101  
Phone: (724) 856-3527  
Fax: (724) 856-3291

[www.keystoneblind.org](http://www.keystoneblind.org)

Since 1947 Beaver County Association for the Blind (BCAB) has offered a wide range of services for people who are blind or visually impaired. Beaver County is located in southwest Pennsylvania, northwest of the city of Pittsburgh. The County is bordered on the west by Ohio and the panhandle of West Virginia.

BCAB's clients include a growing number of seniors facing the trials of living safely and independently despite age-related vision loss. BCAB offers Rehabilitation Education, Support Services, Employment Services, Prevention of Blindness, Computer Access Technology and Children's Programs to individuals around the Beaver County area. BCAB offers employment for rest area attendants, landscape maintenance and janitorial positions through State and Federal contracts. As a result of BCAB training programs, our clientele can resume family responsibilities, re-enter the workforce, return to school, continue to live independently in their own homes, and lead quality, productive lives.

### Beaver County Association for the Blind

616 Fourth Street Beaver Falls, PA 15010

Phone: (724) 843-1111  
Fax: (724) 843-8886

[www.bcblind.org](http://www.bcblind.org)



The Center for the Blind and Visually Impaired (CBVI) was founded in 1941 by the Chester Lions Club in response to the employment needs of blind and visually impaired adults. Chester, one of the oldest cities in Pennsylvania is located on the western bank of the Delaware River between the cities of Philadelphia and Wilmington, Delaware.

For over 75 years CBVI's comprehensive services are designed to meet the needs of individuals with blindness and visual impairment and to foster independence and productive living. CBVI offers In-Home Rehabilitation, Specialized Services, Low Vision Services, Youth Services, Employment Services, Prevention of Blindness and is PA's leading Computer access technology provider. Please call for our current class schedule.



**Center for the Blind and Visually Impaired**

**Center for the Blind and Disabled**

100 West 15th Street  
Chester, PA 19013

Phone: (610) 874-1476  
Fax: (610) 874-6454

[www.cbvi.net](http://www.cbvi.net)

Montgomery County Association for the Blind (MCAB) was founded in 1945 to help blind and visually impaired children and adults face the challenges of today's world with confidence, helping them to regain mobility, self-confidence and independence. Located in Norristown, PA. Norristown is located in Montgomery County, located along the Schuylkill River approximately six miles from the Philadelphia city limits.

MCAB's primary geographic service area for children and adult clients is Montgomery County. Our core services include: blindness skills training; employment support for adults seeking workforce re-entry; vision rehabilitation therapy which helps individuals with no or low vision to live safely and independently through emphasizing their personal and physical strengths; in-home rehabilitation which assists individuals in developing the skills needed to maintain independence; social services including quality of life support groups and escort transportation services to help individuals maintain their autonomy and quality of life.



**Montgomery County Association for the Blind**

25 E. Marshall Street, 3rd Floor  
Norristown, PA 19001

Phone: 215-661-9800  
Fax: 610-292-7191

[www.mcab.org](http://www.mcab.org)





# WE ARE HIRING!

## CAREER OPPORTUNITIES ACROSS THE STATE OF PENNSYLVANIA!

Did you know that Keystone along with our network partners are the largest employer of the visually impaired and disabled in the state of Pennsylvania and offers a variety of career opportunities?

We have both state and federal contracts that provide services and support to state and federal agencies. These contracts require a large workforce, which means career's for Blind and Visually impaired individuals who often have trouble finding jobs. Some of these career opportunities include Mail-room Clerks and File Folder Team Members, Photo License Technicians, Case Work Staff, Production Workers, Janitorial, and Floor Technicians. We also employ Seasonal Snow Plow Operators and Landscape Maintenance Laborers.

In addition, the Keystone network partners are always looking for additional professionals in a variety of fields such as, Vision Rehab Therapy, O&M specialists and Teacher of Students with Visual Impairments.

All these opportunities and more, may be found on Keystone's website at: [www.keystoneblind.org](http://www.keystoneblind.org). Be sure to check each posting carefully, as some positions may require certain qualifications per contract. These listings are being updated daily, so be sure to check the site often to see what we have available, we are always accepting applications, even when there are no current job listings.

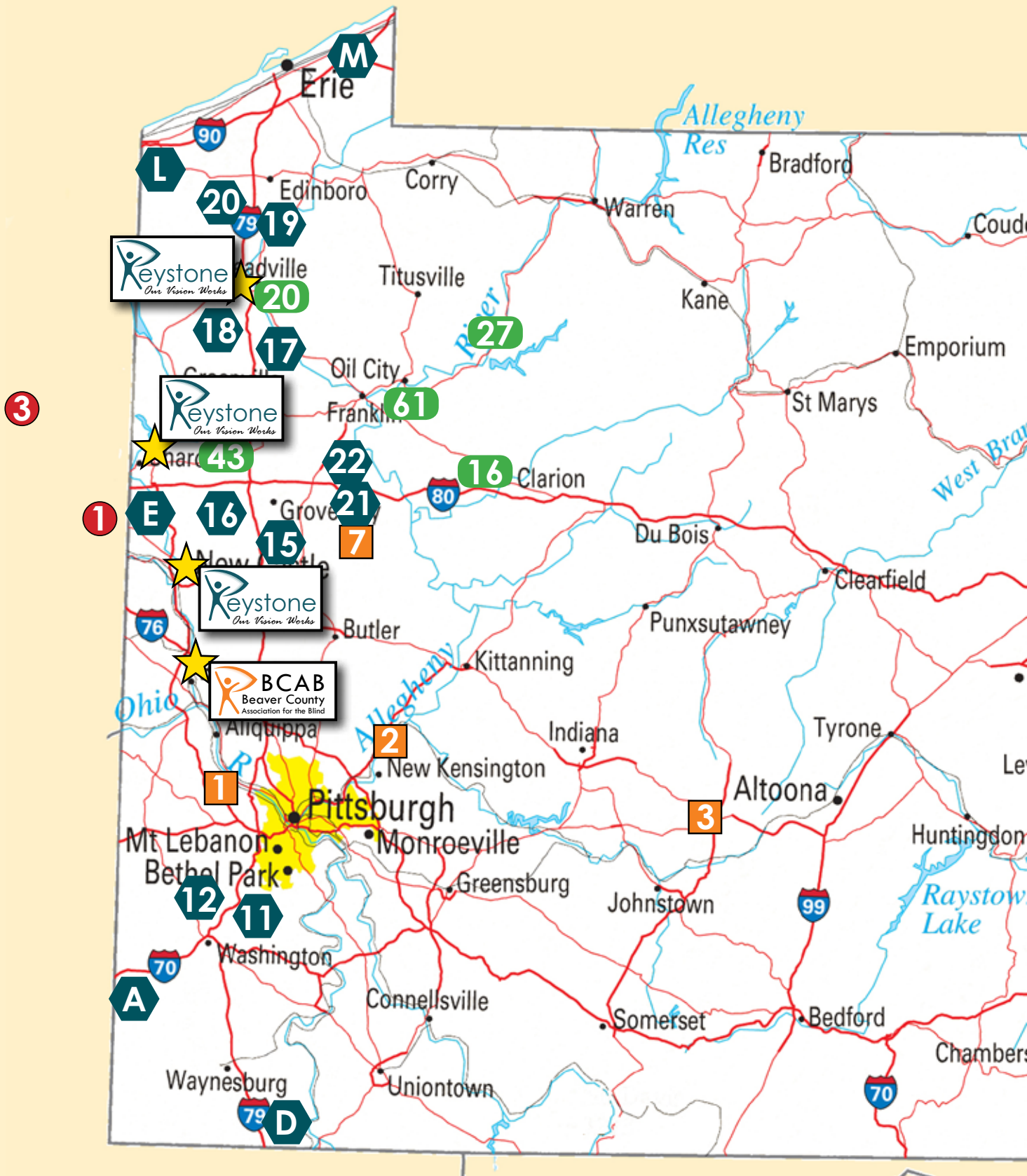
A Keystone production employee  
assembles Asphalt rakes.










# NETWORK OPERATIONS

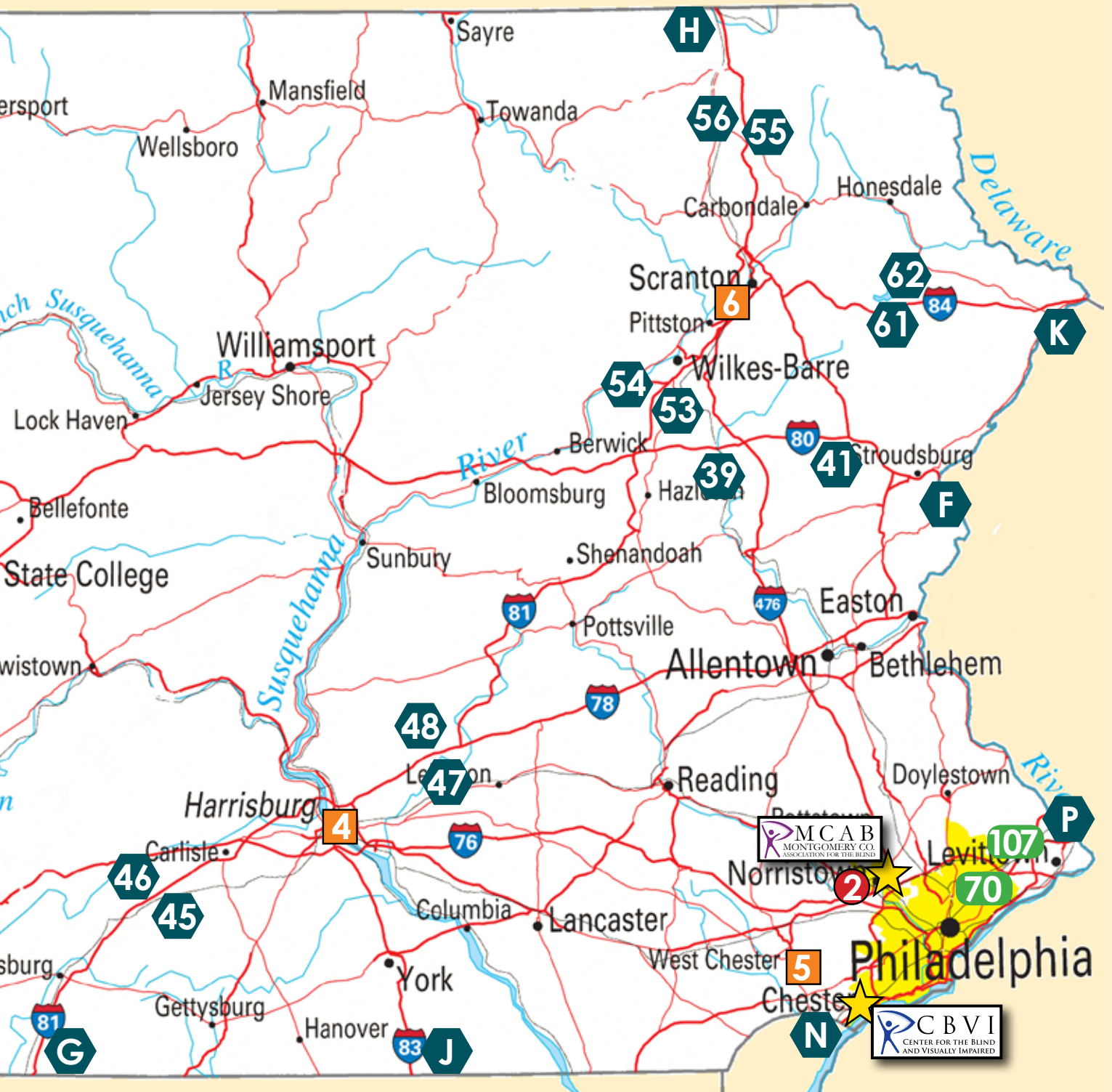
With 7 affiliated corporations operating 43 locations and in 2017 employing 723 individuals, the Keystone network of agencies is the largest employer of blind and disabled workers in the state!





-  AGENCY OFFICE
-  REST AREA
-  PHOTO ID CENTER
-  SCHOOL CONTRACT
  - 1. Youngstown City Schools
  - 2. Montgomery County Intermediate Unit
  - 3. Trumbull County ESC (7 Schools)

-  SERVICE CONTRACT
  - 1. Coraopolis Army Reserve Center
  - 2. New Kensington Army Reserve Center
  - 3. Ebensburg Naval Reserve Center
  - 4. Pennsylvania Emergency Management Agency
  - 5. Cheyney University of Pennsylvania
  - 6. Avoca Naval Reserve Center
  - 7. National Background Investigative Bureau Mail & Courier Services





Board Member, Chef Sam Moore cuts meat for the 2017 Sizzler for Sight.

# 2017 SIZZLER FOR SIGHT

## KEYSTONE'S ANNUAL BBQ / SMOKER EVENT

It was a record breaking year for the Sizzler for Sight. Over 300 people came out to enjoy the festivities on October 5th at the Shriner Picnic Grounds in Hermitage PA. There were so many Chinese Auction baskets donated this year that we had to add on a separate room just to display them. 114 baskets to be exact! WOW! These items were generously donated from staff members, committee and board members, as well as local businesses and vendors.

Thelma's Sports Nook took the lead this year in donating the majority of the side dishes for the evening, including: roasted red skin

potatoes, cole slaw, and beer cheese dip, We also thank Quaker Steak and Lube for donating the macaroni and cheese, Cannon's Chophouse for donating the delicious baked beans, The Keg for the wonderful Chili, Herr's for the pretzels, and El Vallarta for generously donating the homemade tortilla chips and salsa. Beverages, cookies and chocolates were donated by Giant Eagle, Daffin's Candies and Dean Dairy Products.

Another new item for this year was the addition of wine tastings by Nova Cellars. Thank you to the wonderful staff who came out to teach us a little about the process of making

wine and the different tastes of each of the wines. Fred Faraone joined us again this year as the guest DJ for the evening as well as Tom Amundson and his crew of home brewers that came out to lift our "spirits." What a show of support from our local community each year in generously donating to this event. We ask that you support all of these local businesses who have been so amazing to Keystone Blind Association over the years.

Last but not least, we thank all of the committee and board members as well as employees of Keystone who volunteer their time each year to help make the Sizzler for Sight a



night to remember! We thank Chef Sam Moore from Tiffany's Banquet Center as well as Helmut Schumacher who help us each year to prepare and cut the meat. This requires an extraordinary amount of time and we are so thankful to have their help. Also, a special thanks to Tresa

Templeton who gives so much to this organization each and every year... from sponsoring events to volunteering her time and helping with auction items. Also, Mr. Kevin McDermott who helped us to secure many of the food and auction items. The Sizzler for Sight has become a huge success

and a recognized fundraiser in our community. We hope to see everyone again next year for another year of fun, food and good times had by all! **Please mark your calendars for the 2018 Sizzler for Sight on Thursday, October 4th.**

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## \$2,000 GLASS SPONSOR



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## \$1,000 FLAMING HOT SPONSORS



**Adolf & Cyndy Reichenbacher | Tresa Templeton**

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## \$500 SMOKIN' HOT SPONSORS

The Apostles | First National Bank | Clark Hill PLC | Greenville Savings Bank | RBC Capital Markets - Brian Bradley | Paul B. Freeman, O.D., Diplomate in Low Vision, Fellow American Academy of Optometry | Margaret T. Lucas - Attorney at Law | High Impact Graphics | Spartan Specialty Services, Inc. | Valley Eye Center | CCL Container | Selective Insurance Co. of America - Pat Gibbons | Hoffman Industrial | Trebor | Bunzl USA |

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## OUR \$250 SIZZLING SPONSORS

American Legion Sharon Post 299 | Council Tool | David E. Wood, D.O. | Dr. Sagar Vallabh | Eckles Architecture | Eckles Construction Services | Ford Business Machines/Hicks | JFS Wealth Advisors | Jones, Greg, Creehan & Gerace | Ohio Paper Tube | Reinhardt's Agency | Rien Construction | Sharon Elks | Strollo | Twin Capital Management | UPMC Horizon | Wolcott

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## OUR \$100 SMOKIN' SPONSORS

Blackshear Automotive | Brian Beader | CH Robinson | Chip and Kathleen Mastrian | Commercial Turf | Donatelli Electric | Donghia Environmental | Dr. Kevin Smith, MD (Greenville Center for Sight) | Iron Bridge Inn | Dr. Yogesh Sheth MD & Assoc. | Gino Nicastro-Nicastro Insurance | J. Bradley McGonigle Funeral | Jonathan Fister & Ann Peterson | Jones Performance Products | Kane Lions Club | Kay Seamans | La Isla Mexican Restaurant | Minuteman Press - Kevin & Rachel McDermott | Reed & Dailey Associates, Inc. | Rick & Anne Hermann | Sharon Regional Health System | Shenango Honda | Todd C. Alexander DMD, LLC | Winslow Engineering | Dr. Richard Weitzel Jr, M.D. | J. Bradley McGonigle Funeral







**23<sup>RD</sup> ANNUAL**



**MONDAY, JUNE 4, 2018**  
**Shotgun Start at 11:00 AM**  
Registration at 10:00 AM

Tam O'Shanter of PA, Route 18, Hermitage, PA

Register online at [www.keystoneblind.org/golf/](http://www.keystoneblind.org/golf/)



# IDEAL

**Individual Development through Experience, Assessment, and Learning**

## **IDEAL Summer 2018 - July 8<sup>th</sup> through August 3<sup>rd</sup>**

A transition program for students ages 15 to 21 with vision loss.

**One-on-one life skills training • Computer/Access Technology instruction •  
Transition planning (pre-college and job readiness) •  
Residential living – on-site dormitory • Social Development**

Students who have a visual impairment or blindness may need to sharpen their life and work skills to prepare to make the transition from a school setting and living at home to the workplace, further education, and independent living. The Individual Development through Experience, Assessment and Learning summer program, better known as IDEAL, is designed to assist students in making these transitions.

IDEAL is a full immersion, four-week summer program at the Center for the Blind and Visually Impaired (CBVI). IDEAL was designed to address the various transition challenges facing blind and visually impaired teens. Furthering education, enhanced productivity in work and successful independent living are the goals set forth for students in the IDEAL program. These goals are encouraged and achieved through support and good transition planning by IDEAL instructors, the student's counselors and family members.

Throughout the IDEAL program, students live dormitory style at the Center. Days, nights and week-ends are filled with activities that cultivate independence needed for adult living.

The program is unique in that students undergo a careful initial assessment, allowing instructors to tailor the curriculum toward each student's individual needs and goals. Daytime classes include instruction in home management, computer access technology, vocational assessment and career exploration, orientation and mobility, and communications.

Home management class emphasizes all the skills necessary for independent living. Cooking, doing laundry, cleaning, bill paying, banking, and organizational skills, are just some of the key elements that are covered during home management. While attending the computer access technology class students are introduced to the most up

to date assistive technology for use in the classroom or the work-place. In addition, the instructors also teach the students in all Apple products in CBVI's Apple Lab.

During the vocational assessment and career exploration class, students receive college and career guidance and information. Instruction in the use of the white cane, orientation to sidewalks and street crossings and access to public transportation are the main points covered during the orientation and mobility class. Lastly, students are able to enhance their Braille and keyboarding skills, and work with academic remediation as needed.

Throughout the course of the IDEAL program, students are able to visit places of employment with opportunity for discussion with employers. The students also spend time at nearby colleges to gain insight and information on college life.

With dining out, movies, bowling and mall trips in the evening and field trips to cultural events, amusement parks and area points of interest on weekends, there is plenty of time set aside for fun. The program provides a unique opportunity for students to bond with other blind and visually impaired teens, to share feelings and ideas, and to form fast and lasting friendships.

At the conclusion of the summer program, the staff invites family members, counselors, and educators to meet with each participant to discuss his or her progress during the program. The group then develops plans and recommendations which facilitate an effective transition into college life or the workplace for the student.

Since the program's inception in 1993, IDEAL has been effectively strengthening and enhancing independent living skills of many young students. Please visit [cbvi.net](http://cbvi.net) for more information about the IDEAL program or contact Jenn Lilly at 724-734-5158 or [jennlilly@keystoneblind.org](mailto:jennlilly@keystoneblind.org).





# New Date!

## FRIDAY, AUGUST 24, 2018

### Blackhawk Golf Course

# More Info coming soon!

# 4TH ANNUAL VISION BOWL

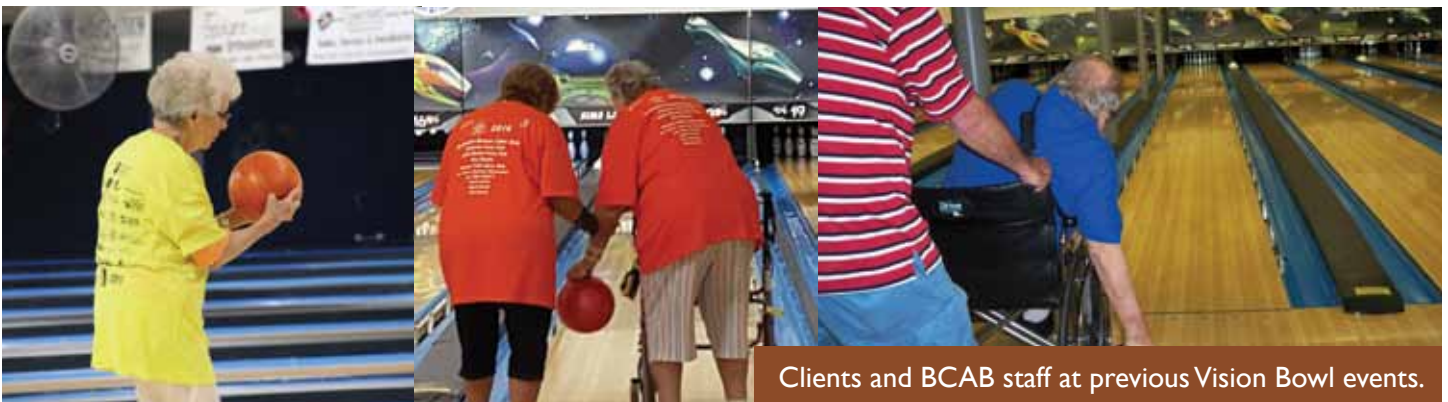
We are very excited to announce our 4th Annual Vision Bowl, a bowling event which will benefit programs and services at Beaver County Association for the Blind, such as transportation/sighted guide, life skills class, support groups, supportive services, adult and child vision screenings, adult and child eye safety education, and our eyeglass program.

SATURDAY, APRIL 21, 2018  
10:00 AM TO 1:00 PM

SIMS LANES, 7245 BIG BEAVER BLVD.,  
BEAVER FALLS, PA 15010



The event will include two games, shoes, event t-shirt, and lunch. Because purpose of this event is to heighten public awareness, sighted participants will be required to wear special glasses that simulate various eye diseases for their second game. Trophies will be given to 1st, 2nd and 3rd place teams; 1st, 2nd and 3rd place individuals will receive medals, and a medal will go to the individual with the most strikes. The simulated visual impairment (second) game scores will determine the best team among other PAB agencies in the state; winning a traveling trophy and bragging rights.



Clients and BCAB staff at previous Vision Bowl events.





# NEWS FROM MCAB

## THANKSGIVING TURKEY DONATION

MCAB has again partnered with Janssen Facilities in Spring House for what has become an annual event. Roger Stahl, the coordinator of this holiday feast, donates about 8 complete turkey dinners to the agency. The clients who receive these holiday boxes are ever so grateful. Thank you again to Roger and his volunteers for making our clients Thanksgiving a little nicer.



Roger Stahl (right), unloads food with help from the MCAB staff (left).

## MCAB RECEIVES COMMUNITY SERVICE AWARD

On January 10, MCAB was honored by the Upper Merion Dr. Martin Luther King Jr. Committee as an “Outstanding Contributor of Community Service in Montgomery County.” The theme this year was Help Humanity, Create Community! Valerie Arkoosh, chairperson of the Montgomery County commissioners; Kenneth Lawrence, county commissioner and The Honorable Tim Briggs, PA State Representative spoke. Performances from the Bridgeport Elementary School Chorus and the Upper Merion Area Middle School Community of Caring Group were outstanding.

Accepting the award for the agency, Mary Jean Schoeffling, Administrative Director, spoke of the dedication of the MCAB staff and their drive to serve the Montgomery County community and related it to Dr. King’s principles. Mary Brucker also represented the agency at this well attended event. Refreshments and the opportunity to mingle with the attendees and explain our services followed. Next year MCAB will present the award to the 2019 recipient. A huge thank you to the committee for the recognition of our agency; we were both humbled and honored to accept this.

## INTERAGENCY COUNCIL OF NORRISTOWN



Mary Brucker (Left) represented MCAB on the panel discussion of the Interagency Council of Norristown

On January 11, Mary Brucker represented MCAB on a panel discussion of the Interagency Council of Norristown at the Human Services Building. The topic was “Basic Health Needs”. Other organizations represented were the Montgomery County Community College Dental Hygiene Program and the Norristown Regional Health Center The

audience consisted of representatives from various agencies throughout the county. Mary spoke of our services and fielded questions from the audience. MCAB is looking forward to participating in more Interagency events.



# AN OVERVIEW OF VISION LOSS

BY PAUL B. FREEMAN, O.D.

If you are reading this, I would imagine that you are interested in understanding vision loss and what can be done to minimize the effects of that loss so that quality of life can be optimized. Because this is the first of a series of articles covering various topics related to low vision rehabilitation, a brief introductory overview of vision loss and its implications will help to set the stage for future articles.

Some types of vision loss are transient, while some diseases that cause vision loss can be treated and

vision can be improved. However, some disease processes are not treatable with conventional medications or surgery, so that the vision loss the disease creates is permanent. Fortunately, with advances in medicine, more ocular diseases can be treated to minimize vision loss. For example, there are two types of age-related macular degeneration: dry and wet. Heretofore, wet macular degeneration (which is fortunately less prevalent than dry macular degeneration) could only be treated with laser and, while that helped, it left scars that affected vision. Now, however, there are ocular injections which can slow down, stop, or in some cases, even reverse wet macular degeneration, which in

turn can minimize the devastating effects of vision loss. But as with most treatments, timing is important. Having said that, what about those people who have ophthalmic diseases for which treatment is minimally effective or not effective at all? These people are considered to have low vision or a

visual impairment which is not amenable to medical treatment, surgery, or conventional eyeglasses or contact lenses and they will likely find it difficult or impossible to do some visual tasks that were done prior to the vision loss. This can ultimately impact quality of life because of the resulting frustration and depression. Fortunately, on the continuum of recognized mainstream treatments for vision loss, there is vision rehabilitation, a way to systematically assess the functional impact of a vision loss and then to use optical,

non-optical, electro optical, and virtual reality approaches to maximize remaining vision, with the ultimate goal of maintaining the ability to do visual activities of daily living. As with any rehabilitation, low vision rehabilitative treatment is done with active participation on the part of the person with a vision loss and is not something done to that person, like surgery. And because of that, oftentimes success is based on that person's desire to work through the challenges of achieving a goal with what might be considered "unconventional" devices to help with that process. So the most important take-home message for the vast majority of individuals who have been told "nothing more can be

done" to achieve visual goals, is that this message is incorrect. So, with that as an introduction, the next article will describe a low vision rehabilitative assessment, which is the beginning of the process for determining what options are available for improving visual function.



Dr. Paul B. Freeman provides low vision rehabilitation services at Keystone and BCAB







Erie, PA after the Christmas snow storm.

# IS YOUR FAVORITE COLOR ‘WHITE’?

White better be your favorite color if you work or reside in the northwest region of the state. The snowfall so far this season has been what you would call significant and has broken a few records.

As of January 10th more than 11 feet of snow has fallen in Erie, which made it the snowiest city in the United States so far this winter. A stalled lake effect storm provided a ‘White Christmas’ with setting the all-time record for two-day snowfall in the state of Pennsylvania: 60.5 inches (Dec. 25-26). Erie’s average season is 100.9 inches of snowfall and their snowiest season on record occurred in 2000-01 with 149.1 inches. So with a little more than 16 inches left in the remaining half of the season that record will be topped.

Our employees at the interstate rest area locations in the Erie area, facing these extreme conditions, are dedicated to their jobs every day of the year! In addition to the Erie area, our employee’s at rest area all over the state of PA have faced more snowfall this year than in recent years. They work every day to assure there is a safe haven for travelers from one season to the next – our sincere gratitude to them!



A picnic table covered with snow in Edinboro PA after a recent snow fall.





## KEYSTONE KIDS

The Keystone Kids program is a community-based instructional program that is designed for children ages 6-21 with a visual impairment. Through a variety of fun and educational experiences, this program promotes personal growth and independence for children who are blind and visually impaired.

What better way to supplement a child's education than with fun? Well that's what we do, we have fun learning. Keystone Kids is held throughout the school year focusing around different independent living skills. Each event incorporates learned skills without the students realizing; ranging from crossing a street to budgeting a meal. In addition, there are week-long summer programs both for young students and high school students. The high school students focus on transitioning from the safety of the school setting into a college setting, the work force, or to living independently. The younger students learn about the world around them experiencing activities they may have never done before.

This program is free to the students and most often these students are provided transportation.

## KEYSTONE KIDS EVENTS

### April 14 - SPRING FLING (10am-2pm)

Everyone will have a great time with music, crafts, games, and food at our spring fling. This is an afternoon of crafts, wii bowling, music, and laughs. This will be a joint event with our current kids and young adults. This will be a great time to see old friends and meet new friends as well.

### May 12 - ESCAPE ROOM (TBA)

We will be traveling to Slippery Rock where we will enjoy the challenge of working together to get through an escape room. We will have to work together to find the clues and get out! There will be lunch provided. The times are to be announced pending availability closer to that day.

### Save the date!!!!!! June 18-22 - Career Caravan

Career Caravan is a week long day program for students focused on transitional programming. More information to be released later in the spring.

## YOUNG ADULTS

As we grow, we learn to be independent, to establish our own opinions, values, and goals; this is an important process for every person. To be independent is to be self-sufficient, minimally relying on others to assist in general activities of daily living. This is no different for those who are visually impaired. As a visually impaired young person, there will be certain things for which you will have to rely on others. However, at KBA, we encourage our young adults to learn the skills necessary to be as independent as possible.

Although the young adults program at KBA gives individuals a great opportunity for socialization and recreation, one of the main goals of this program is to assist them to become as independent as possible. Some of the areas we cover are communication, technology, cooking, cleaning, orientation and mobility, organization, money management, transportation, and self-advocating.

All of these skills are important to help an individual with a visual impairment get through each day. Young adults come to an age-appropriate group activity that focuses on these skills. Activities include making dinner, playing adaptive games, bowling, skating, snow tubing, movie night and camping. Each activity skills utilizes different daily living with the ultimate goal of learning to be self-reliant.



The Keystone Kids at Walt Disney World in 2016.

For information about the Keystone Kids or Young Adults programs contact Jenn Lilly by phone 724-734-5158 or email [jennlilly@keystoneblind.org](mailto:jennlilly@keystoneblind.org)





# EVENTS CALENDAR

## MARCH

- 6. . . . . **LSE** . . . . . BCAB Office . . . . . 10 :00-2:00pm
- 12. . . . . **TIC** . . . . . BCAB Office . . . . . 10:30-12:30pm
- 13. . . . . **LSE** . . . . . BCAB Office . . . . . 10 :00-2:00pm
- 14. . . . . Shopping Trip . . Baden Walmart and Napoli for lunch
- 17. . . . . Chippewa Lions Party . . . . . 6:00pm
- 20. . . . . **LSE** . . . . . BCAB Office . . . . . 10 :00-2:00pm
- 27. . . . . **LSE** . . . . . BCAB Office . . . . . 10 :00-2:00pm
- 28. . . . . Shopping Trip . . Baden Walmart and Napoli for lunch

## APRIL

- 3. . . . . **LSE** . . . . . BCAB Office . . . . . 10 :00-2:00pm
- 9 . . . . . **TIC** . . . . . BCAB Office . . . . . 10:30-12:30pm
- 10. . . . . **LSE** . . . . . BCAB Office . . . . . 10 :00-2:00pm
- 11. . . . . Shopping Trip . . Walmart Monaca
- 17. . . . . **LSE** . . . . . BCAB Office . . . . . 10 :00-2:00pm
- 21. . . . . **Vision Bowl . Sim’s Lanes Beaver Falls . . . . . 10 :00-1:00pm**
- 24. . . . . **LSE** . . . . . BCAB Office . . . . . 10 :00-2:00pm
- 25. . . . . Shopping Trip . . Walmart Monaca

## MAY

- 1. . . . . **LSE** . . . . . BCAB Office . . . . . 10 :00-2:00pm
- 8. . . . . **LSE** . . . . . BCAB Office . . . . . 10 :00-2:00pm
- 9. . . . . Shopping Trip . . Walmart Baden
- 14. . . . . **TIC** . . . . . BCAB Office . . . . . 10:30-12:30pm
- 15. . . . . **LSE** . . . . . BCAB Office . . . . . 10 :00-2:00pm
- 22. . . . . **LSE** . . . . . BCAB Office . . . . . 10 :00-2:00pm
- 23. . . . . Shopping Trip . . Walmart Baden
- 28. . . . . **Memorial Day - AGENCY CLOSED**
- 29. . . . . **LSE** . . . . . BCAB Office . . . . . 10 :00-2:00pm

**AE:** Adult Education | **AVS:** Adult Vision Screening | **CEP:** Children’s Education Program  
**GCA:** Glasses Cleaning/Adjust | **GVAS:** Glaucoma/Visual Acuity Screening  
**LSE:** Life Skills Education | **SG:** Support Group Meeting | **TIC:** Technology Information Club





# EVENTS CALENDAR

## MAIN OFFICE

### MARCH

- 1. . . . . **TIC** . . . . . Deb's Diamond Bakery - Mercer, PA. . . . . 12:00-2:00pm
- 1. . . . . **AVS, GCA** . . . Greenville Senior Center
- 6. . . . . **AVS, GCA** . . . Challenges, New Castle
- 8. . . . . **AVS, GCA** . . . Shenango Valley Senior Community Center, Hermitage
- 12. . . . **AVS, GCA** . . . Fellowship Manor, Grove City
- 13. . . . **SG** . . . . . KBA Hermitage. . . . . 1:00-3:00pm
- 20. . . . **Coffee Talk.** . . KBA Hermitage. . . . . 1:00-3:00pm
- 20. . . . **AVS, GCA** . . . Whispering Oaks, Hermitage
- 22. . . . **AVS, GCA** . . . Farrell Choice, Farrell
- 27. . . . **SG** . . . . . KBA Hermitage. . . . . 1:00-3:00pm

### APRIL

- 5. . . . . **TIC** . . . . . Deb's Diamond Bakery - Mercer, PA. . . . . 12:00-2:00pm
- 9. . . . . **AVS, GCA** . . . Fellowship Manor, Grove City
- 10. . . . **SG** . . . . . KBA Hermitage. . . . . 1:00-3:00pm
- 12. . . . **AVS, GCA** . . . Shenango Valley Senior Community Center
- 17. . . . **Coffee Talk.** . . KBA Hermitage. . . . . 1:00-3:00pm
- 17. . . . **AVS, GCA** . . . Whispering Oaks, Hermitage
- 24. . . . **SG** . . . . . KBA Hermitage. . . . . 1:00-3:00pm
- 24. . . . **AVS, GCA** . . . Grove City Senior Center

### MAY

- 4. . . . . **TIC** . . . . . Deb's Diamond Bakery - Mercer, PA. . . . . 12:00-2:00pm
- 8. . . . . **SG** . . . . . KBA Hermitage. . . . . 1:00-3:00pm
- 8. . . . . **GVAS** . . . . . Shenango Valley Senior Community Center
- 14. . . . **GVAS** . . . . . Fellowship Manor, Grove City
- 15. . . . **Coffee Talk.** . . KBA Hermitage. . . . . 1:00-3:00pm
- 22. . . . **SG** . . . . . KBA Hermitage. . . . . 1:00-3:00pm
- 22. . . . **GVAS** . . . . . Grove City Senior Center
- 28. . . . **Memorial Day - AGENCY CLOSED**
- 30. . . . **AVS, CEP** . . . UPMC Greenville Wellness Center

**AE:** Adult Education | **AVS:** Adult Vision Screening | **CEP:** Children's Education Program  
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# EVENTS CALENDAR

## CRAWFORD COUNTY

### MARCH

- 5. . . . . **LSE** . . . . . KBA Meadville Republican Room . . . . . 10:00am
- 13. . . . . Food Stamp Day
- 19. . . . . **TIC** . . . . . Perkins Restaurant – Meadville . . . . . 10:30am
- 28. . . . . **SG** . . . . . KBA Meadville Republican Room . . . . . 10:00am

### APRIL

- 4. . . . . **LSE** . . . . . KBA Meadville Republican Room . . . . . 10:00am
- 12. . . . . Food Stamp Day
- 16. . . . . **TIC** . . . . . Perkin Restaurant - Meadville . . . . . 10:30am
- 25. . . . . **BS with Bob** . KBA Meadville Republican Room . . . . . 10:00am

### MAY

- 7. . . . . **SG** . . . . . KBA Meadville Republican Room . . . . . 10:00am
- 21. . . . . **TIC** . . . . . Perkin Restaurant - Meadville . . . . . 10:30am
- 23. . . . . **LSE** . . . . . KBA Meadville Republican Room . . . . . 10:00am
- 28. . . . Memorial Day - AGENCY CLOSED**
- 30. . . . . B.S. with Bob . . KBA Meadville Republican Room . . . . . 10:00am

## LAWRENCE COUNTY

### MARCH

- 8. . . . . **TIC** . . . . . Kings restaurant . . . . . 1:00-3:00pm
- 13. . . . . **LSE** . . . . . KBA Lawrence County office . . . . . 12:00-2:00pm
- 20. . . . . **SG** . . . . . Movie Night KBA Lawrence County office . . . . . 5:00-7:00pm

### APRIL

- 12. . . . . **TIC** . . . . . Kings restaurant . . . . . 1:00-3:00pm
- 17. . . . . **LSE** . . . . . KBA Lawrence County office . . . . . 12:00-2:00pm
- 26. . . . . **SG** . . . . . KBA Lawrence County office . . . . . 12:00-2:00pm

### MAY

- 10. . . . . **TIC** . . . . . Kings restaurant . . . . . 1:00-3:00pm
- 15. . . . . **LSE** . . . . . KBA Lawrence County office . . . . . 12:00-2:00pm
- 28. . . . Memorial Day – AGENCY CLOSED**
- 24. . . . . **SG** . . . . . Forbush’s Ice Cream (weather permitting) . . . . . 12:00-2:00pm





# C B V I

CENTER FOR THE BLIND  
AND VISUALLY IMPAIRED

# EVENTS

# CALENDAR

## MARCH

- 5. . . . . **LSE** . . . . . Main Line Arts; Patron’s Room. . . . . 10:30am
- 7. . . . . **LSE** . . . . . Master Gardeners; Patron’s Room, . . . . . 11:00am
- 12. . . . . **LSE** . . . . . Main Line Arts; Patron’s Room, . . . . . 10:30am
- 14. . . . . **LSE** . . . . . Field trip to Mercy Life Center in Sharon Hill, . . . . . 10:00-1:00pm
- 15. . . . . **AE** . . . . . Chester Senior Center in Chester, . . . . . 11:00am
- 19. . . . . **LSE** . . . . . Main Line Arts; Patron’s Room, . . . . . 10:30am
- 21. . . . . **LSE** . . . . . Patron’s Room, . . . . . 10:30am
- 26. . . . . **LSE** . . . . . Main Line Arts; Patron’s Room, . . . . . 10:30am
- 28. . . . . **LSE** . . . . . Patron’s Room, . . . . . 10:30am

## APRIL

- 2. . . . . **LSE** . . . . . Main Line Arts; Patron’s Room. . . . . 10:30am
- 4. . . . . **LSE**: . . . . . Master Gardeners; Patron’s Room . . . . . 11:00am
- 9. . . . . **LSE** . . . . . Main Line Arts; Patron’s Room. . . . . 10:30am
- 11. . . . . **LSE** . . . . . Patron’s Room. . . . . 10:30am
- 12. . . . . **AE** . . . . . Chester Senior Center in Chester . . . . . 10:30am
- 16. . . . . **LSE** . . . . . Main Line Arts; Patron’s Room . . . . . 10:30am
- 18. . . . . **LSE** . . . . . Patron’s Room. . . . . 10:30am
- 23. . . . . **LSE** . . . . . Main Line Arts; Patron’s Room . . . . . 10:30am
- 25. . . . . **LSE** . . . . . Patron’s Room. . . . . 10:30am
- 30. . . . . **LSE** . . . . . Main Line Arts; Patron’s Room . . . . . 10:30am

## MAY

- 2. . . . . **LSE** . . . . . Master Gardeners; Patron’s Room . . . . . 11:00am
- 7. . . . . **LSE** . . . . . Main Line Arts; Patron’s Room. . . . . 10:30am
- 9. . . . . **LSE** . . . . . Patron’s Room. . . . . 10:30am
- 14. . . . . **LSE** . . . . . Main Line Arts; Patron’s Room. . . . . 10:30am
- 16. . . . . **LSE** . . . . . Patron’s Room. . . . . 10:30am
- 21. . . . . **LSE** . . . . . Main Line Arts; Patron’s Room. . . . . 10:30am
- 28. . . . Memorial Day - AGENCY CLOSED**
- 30. . . . . **LSE** . . . . . Patron’s Room. . . . . 10:30am

**AE:** Adult Education | **AVS:** Adult Vision Screening | **CEP:** Children’s Education Program  
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# EVENTS CALENDAR

## MARCH

12. . . . **SG** . . . . . MCAB Office

15. . . . **SG** . . . . . MCAB Office

A representative from “Assisting Hands “Home Care will be speaking on the non-medical services they offer.

## APRIL

9 . . . . **SG** . . . . . MCAB Office

19. . . . **SG** . . . . . MCAB Office

**28. . . . Memorial Day - AGENCY CLOSED**

Mary Brucker will be demonstrating the Victor Reader Stream.

This will be a hands-on demonstration.

## **PHILSTAR ENTERTAINMENT** **“ENTERTAINMENT FOR ALL OCCASIONS”**

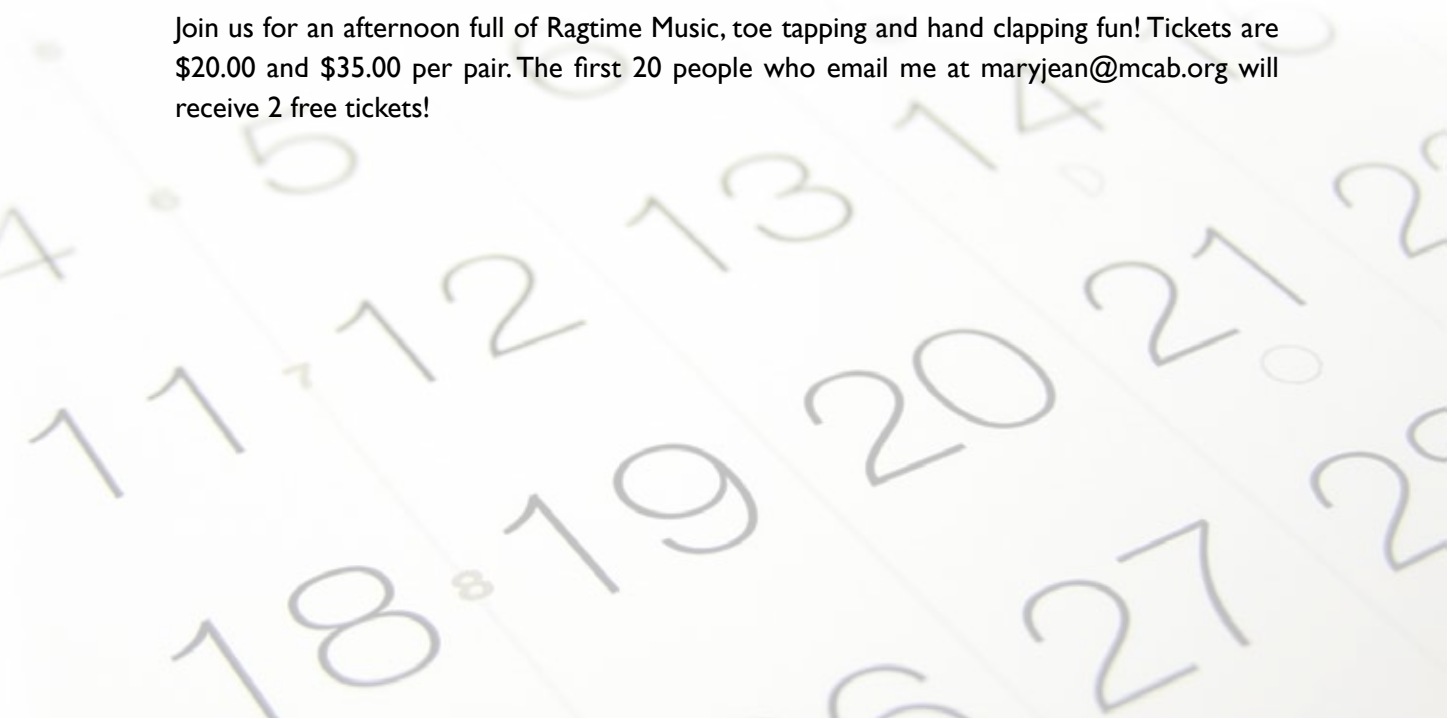
### SAVE THE DATE FOR A PHILSTAR EVENT!

**WHEN** - Sunday March 18, 2018 at 2:00 PM

**WHERE** - Jeffersonville Golf Club, 2500 W. Main St., Jeffersonville, Pa. 19403

**FEATURING** - AL MIKULA’S “RED GARTER BAND”

Join us for an afternoon full of Ragtime Music, toe tapping and hand clapping fun! Tickets are \$20.00 and \$35.00 per pair. The first 20 people who email me at [maryjean@mcab.org](mailto:maryjean@mcab.org) will receive 2 free tickets!







3056 East State Street, Hermitage, PA 16148

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